



Creative Journaling Shopping List

Lacy Lou Journal cover by KCraft

Lacy Lou inserts by KCraft (Ashley, Gabby, Tiffany)

Multipurpose Gel Medium by 13Arts

Palette Knife/Gift card to pull Gel Medium thru stencils

Iridescent Gelatos (I used Nebula, Comet and Galaxy)

Stencils by Room5 GraphX KM067 and KM072

Foundation Contour Make-up Oval Brush

Non-Stick Craft Sheet

Plastic Palette

Pipet

Water Spritzer

160 gsm white project board paper by Butterfly

Wet wipes

Circle punches various sizes (I used 7/8, 1, 1 ¼ and 1 ½ inch punches)

Anita's 3D Clear Gloss or Ranger Glossy Accents

Sosati Sticks to hold onto circles when you apply clear gloss

Tombow Multi Liquid Glue

Faber-Castell Goldfaber aqua pencils

Faber-Castell Soft Brush 4 pack

Faber-Castell Water and Graphic Brush

Faber-Castell Clic n Go Waterpot

Faber-Castell Pitt Artist Pens

Faber-Castell Watercolors in pans

Felicity Jane Stamp Sets (Megan and Harper) - any sentiment and vocal point stamp will do

Scissors

Processes

Resist - Gel Medium thru stencil, allow to dry, scribble gelatos onto non-stick surface, pick up pigment with make-up brush, blend over dried gel medium for a resist effect.

Stencilling - scribble gelatos onto non-stick surface, pick up pigment with make-up brush, and apply over stencil onto journal page.

Spray - scribble gelatos into palette, pour in a bit of water, dissolve pigment using paint brush, pull up coloured water with pipet and squirt into spritzer bottle, spray over journal page. You can mask off some areas with some pre-punched circles or other shapes before you spray creating some white space.

Glossy/Epoxy Dimensional Pieces - scribble various colors of gelatos onto white project board paper and blend using finger (if needed, wet finger slightly with wet wipe) Punch out circles in various sizes. Apply 3D Clear Gloss and allow to dry.

Stamping - to stamp with gelatos, scribble gelatos onto non-stick surface, adhere clear stamp to acrylic block, lightly "huff" onto stamp and then pick up pigment with stamp from non-stick surface, for extra measure lightly huff onto stamp again before stamping onto paper.

Watercolour - scribble gelatos onto non-stick surface, pick colour up using water brush, and watercolour the stamped images.

Splatters - scribble gelatos onto non-stick surface, add water using a round brush and use finger to tap brush to splatter pigment on journal page.

Smooshing - scribble gelatos onto non-stick surface, spritz with clear water, mix with finger, turn non-stick surface over onto journal page and dab in various places "rolling" the non-stick surface onto the journal page - smooshing the colour.